

USDA SOUTH CAFÉ

Menu for Week 3
January 31, 2005



THIS WEEK'S
au bon pain
SOUPS
12 oz \$2.25
16oz \$2.95
New England Clam Chowder
Black Eyed Pea
Tomato Floentine

THIS WEEK'S CHILI
Small \$1.70
Medium \$2.15
Large \$2.55

STIR-FRY
\$6.99
(Includes any size fountain soda)
Choose from a variety of Fresh Vegetables and 3 Proteins: *Beef, Shrimp or chicken* and 3 Sauces: *Asian BBQ, Teriyaki or Sweet& Sour*

BBQ/ SmokeHouse
Daily Sides
\$0.90- \$1.25
Mac & Cheese
Cole Slaw
Collard Greens
Sweet Potatoes
Potato Salad

ALL PRICES LISTED ARE FOR COMBO MEALS

(See Sign on Station for Vegetables or Beverages Included)



HOLIDAY TRADITIONS

Monday

Morning Editions:	Blueberry Pancakes	\$2.49
Today's Soup:	Tomato and Wild Rice	\$1.25/\$1.39/\$1.79
Main Course 1:	Chicken Piccata with Capers and Lemon	\$3.25-\$5.25
Main Course 2:	Ricotta Stuffed Shells with Marinara Sauce	\$3.25-\$5.25
Side Dishes;	Roasted Root Vegetables or Broccoli & Cauliflower	\$1.10
Wrapper:	Buffalo Chicken Wrap with Jack Cheese	\$4.29
Tramezzini:	Grilled Pastrami	\$5.99
International	Black History	\$5.69-\$6.99

Tuesday

Morning Editions:	Pancakes	\$2.49
Today's Soup:	Beef Noodle	\$1.25/\$1.39/\$1.79
Main Course 1:	Sauteed Liver and Onions	\$2.65-\$4.65
Main Course 2:	Roasted Breast of Chicken w/ Artichokes, Tomatoes & Olives	\$3.25-\$5.25
Side Dishes:	Rice Pilaf with Fresh Herbs or Sugar Snap Peas	\$1.10
Wrapper:	Roast Beef, Caramelized Onions & Gorgonzola Cream	\$4.29
Tramezzini:	Smoked Turkey Club	\$5.99
International	Black History	\$5.69-\$6.99

Wednesday

Morning Editions:	Malted Waffle	\$3.69
Today's Soup:	Navy Bean Soup	\$1.25/\$1.39/\$1.79
Main Course 1:	Corn Crusted Fried Catfish	\$4.05-\$6.05
Main Course 2:	Pepper Crusted Roast Top Round of Beef	\$2.90-\$4.90
Side Dishes:	Ginger Glazed Carrots & Parsnip or Creamed Spinach	\$5.69-\$6.99
Wrapper:	Fried Chcken and Watercress with Ranch Dressing	\$4.29
Tramezzini:	Roasted Portobello, Grilled Onion and a Herb Goat Cheese on a Multi Grain Bread	\$5.99
International	Black History	\$5.69-\$6.99
Chef's Table	Seared Smithfield Ham wrapped Halibut	\$9.95

Thursday

Morning Editions:	French Toast	\$2.49
Today's Soup:	Chicken and Rice	\$1.25/\$1.39/\$1.79
Main Course 1:	Balsamic Glazed Salmon Filet with Lentils	\$4.05-\$6.05
Main Course 2:	Roast Pork Loin with Braised Apples	\$2.65-\$4.65
Side Dishes:	Cauliflower with a Parmesan Coating or Roasted Eggplant w/ Zucchini , tomatoes and Onions	\$1.10
Wrapper:	BBQ Brisket with a Roasted Tomato and Onion Relish in a Jalapeno Tortilla	\$4.29
Tramezzini;	Italian Sausage & Roasted Pepper with Jack Cheese on Sour Dough	\$5.99
International	Black History	\$5.69-\$6.99

Friday

Morning Editions:	Salmon Cake, Scrambled Eggs and Fried Potatoes	\$4.29
Today's Soup:	Manhattan Style Clam Chowder	\$1.25/\$1.39/\$1.79
Main Course 1:	Turkey Pot Roast	\$3.35-\$5.35
Main Course 2:	Baked Penne Bolognese	\$3.35-\$5.35
Side Dishes:	Steamed Green Beans or Roasted New Potatoes and Peppers	\$1.10
Wrapper:	Shaved Pastrami, Cole Slaw and Pickled Ginger	\$4.29
Tramezzini:	Spiced Ham and Creole Mustard with Muenster Cheese on Rye	\$5.99
International	Black History	\$5.69-\$6.99
Chef's Table	Seared Smithfield Ham wrapped Halibut	\$9.95

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